

# VAUGHAN REGIONAL MEDICAL CENTER

Selma, Alabama

(Population: 20,000 • Service area: 70,000)

On a bluff above the rolling waters of the Alabama River, there is a town rich in history and gracious in its manner. Just 45 minutes west of Montgomery, Selma is home to the largest historic district in Alabama, with over 1,200 historic structures, palatial antebellum and Victorian homes, and museums.



## THE HOSPITAL

Vaughan Regional Medical Center is a 175-bed acute care facility. This Joint Commission accredited hospital offers an extensive list of services, including ICU, a newly expanded 24-hour Emergency Department, Radiology, 64-Slice CT Scanner, and a state-of-the-art Eclipse 1.5 MRI station.

The facility offers a full array of patient-centered, community hospital and regional referral services in all of the major medical disciplines including obstetrics, a sleep lab and cardiac catheterization.

VRMC is proud to partner with the University of Alabama at Birmingham Medical School to provide the teaching environment for the UAB/Selma Family Medicine Physicians Residency Program and Wallace Community College nursing students.

Other services include mammography, ultrasound, obstetrics, orthopedic surgery, cardiac catheterization laboratory, pediatric unit, in-patient and out-patient surgery, laboratory, in-patient physical therapy, sports medicine, out-patient physical therapy, nutrition counseling, pharmacy, respiratory therapy, Sleep Lab, Fitness Center and community education initiatives.

## THE COMMUNITY

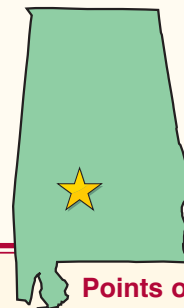
Downtown Selma is a delight. Century-old buildings that once warehoused cotton and Civil War munitions are now home to wonderful specialty shops, cafes and offices. Selma offers a host of cultural opportunities for both artist and the arts lover, thanks to the work of the Selma-Dallas County Arts Council. The *Selma Art Guild Gallery*, housed in a quaint turn-of-the-century cottage in the Olde Town District, exhibits paintings, intricate wooden arts, pottery, and other items by area artists.



*(above) Antebellum homes are part of the rich Southern tradition that abounds in Selma. (below left) A view of the historic bridge that crosses the Alabama River.*

Many of our award-winning artists have been in national and international competitions. The *Performing Arts Center*, located in the historic Walton Theatre, provides private instruction for both children and adults in piano, voice, puppetry, drama, violin, dance and guitar.

Selma offers both public and private educational opportunities with four public and three private high schools. The city is home to



## Local Points of Interest

- *Olde Town District* – century-old warehouses now form the center of this beautiful downtown shopping area.
- *Grist State Park* – long a fisherman's paradise, it offers outdoor recreation for the entire family.
- *Performing Arts Center* – housed in the historic Walton Theater, it now offers private instruction in the arts.

Selma University, Wallace State Community College and Concordia College. Within a 100-mile drive are Auburn University, The University of Alabama, Troy State and The University of West Alabama.

## RECREATION

Selma and Dallas County are a dream come true for the outdoor enthusiast. The Alabama River provides unlimited fishing, boating and water sports from city or privately operated marinas. Bass, crappie, catfish and bream abound in Alabama's streams and lakes, including *Grist State Park* and Dallas County Lake.

Hunting is a passion in these parts. There are twelve commercial hunting organizations in the area, offering hunters an excellent opportunity to harvest a prime buck, quail, or gobbler. Dallas County and the five adjoining counties are known throughout the country as the "Whitetail Capital of the Nation." This area has more white-tailed deer per acre than any other region of Alabama, which has more deer per acre than any state in the union.

The city of Selma operates two public golf courses, and is within two hours of five Robert Trent Jones golf courses. Selma also sports five lighted baseball diamonds, eight lighted softball diamonds, a new softball/baseball complex, 20 hard surfaced tennis courts, and organized leagues in baseball, football, soccer, softball, and ladies' and men's tennis.



*Historic Brown AME Church (est. 1909)*

## Distance to Major Cities

Montgomery, AL	45 miles
Birmingham, AL	80 miles
Pensacola, FL	170 miles
Gulf Shores, AL	180 miles
Atlanta, GA	200 miles