



SENIOR FRIENDS MEMBER NATIONAL BENEFITS

(Effective November 6, 2007)

HEALTH & WELLNESS

ADT Companion Services

1-866-562-9098

Introducing **ADT(R) Companion Services(R)**, a service offered by ADT Security Services, Inc. It's help at the push of a button during medical emergencies, 24 hours a day. Ideal for seniors prone to falls or suffering from heart problems, stroke, respiratory illness and more, ADT Companion Services can help them enjoy a more independent lifestyle. Senior Friends members can receive a special discounted monitoring rate. **Call 1-866-562-9098 for more information.**

Careington Dental Plan

1-866-222-2558

Careington offers Senior Friends a dental plan with benefits that save you up to 20 to 60% on most preventive dental procedures. Save as much as 50% for basic and restorative treatments. Tell the operator you are a Senior Friends member to get the preferred enrollment rates.

*The Careington dental plan is not insurance, it's a discount plan that offers reduced fees for dental care. Participating providers may not be available in all areas. Call the number above to find a dentist in your area who is a provider in the Careington network.

Caremark

1-877-321-2652

The Senior Friends Prescription Discount Card allows you to receive discounts of 10-50% on most prescription drugs at more than 60,500 retail pharmacies, including Wal-Mart, Sam's Club, K-Mart, Eckerd, Kroger, Rite-Aid, CVS, Walgreens, Publix and thousands of local pharmacies. Additional discounts may be available by ordering through Caremark's mail order, phone and Internet services.

To receive your discounts, present your Senior Friends Prescription Discount Card to the pharmacist. The prescription will be processed with the information on the card. After your first purchase, your name will be added to the Caremark pharmacy network for future purchases.

LifeView Resources

1-800-395-5433

Call to receive discounts on one of the following video series that help families understand and address critical healthcare issues:

The Educated CareGiver

Receive a 20% discount on a set of three DVDs.

The Family Guide to Long-term Care

Receive a 20% discount on this set of six video cassettes.

The Family Guide to Alzheimer's Disease – hosted by Leeza Gibbons

Receive a 20% discount on this set of five video cassettes or DVDs.

Sit and Be Fit

1-509-448-9438

Call to order the "Focus on Fitness" video and receive an exclusive Senior Friends discount of 15% on this video and other exercise products.

Travel Care International

1-800-524-7633

Save 10-20% off medical air transportation, bedside to bedside. Call for information and to schedule a medical flight, 24 hours a day, 365 days a year. When calling, use your Senior Friends membership number to receive the discount.

HOME & FINANCE

1-800-flowers.com

1-888-755-7474

Members save on an extensive array of thoughtful gift products including some of the greatest gourmet gift baskets, sweetest desserts, novelties, fine giftware and of course, the prettiest flowers and plants in the world! There's something for every sentiment, holiday and occasion. Use promotion code 72C.

FTD.com**1-800-736-3383**

Choose from more than 1,000 floral arrangements and mention promotion code #8071 to save 15%.

The Relocation Center**1-800-733-0930**

Receive a discount from a full service relocation provider. The Relocation Center is dedicated to keeping your relocation costs to a minimum while providing you with superior service.

Tartan Book Sales**1-800-233-8467, ext. 76507**

Receive a free catalog to order used library-edition clothbound books at discounts up to 75% off.

TRAVEL**Car Rental Agencies****Avis Rent-a-Car****1-800-331-1212**

Get car rental discounts when you visit the Avis web site and use discount code #T589500.

Budget Rent-A Car**1-800-527-0700**

Receive discounts on auto rental with member discount code X899500.

National Car Rental**1-800-227-7368**

Receive a discount on auto rental when you mention discount code #5705603.

Hotels**Choice Hotels****1-800-424-6423**

Save 10-20% with discount #00057523 at these participating hotels. Advance reservations are required. Subject to availability. Discount cannot be combined with any other promotions or discounts.

- Clarion Hotels
- Comfort Inns
- Econo Lodge
- Mainstay Suites
- Roadway Inns
- Quality Inns
- Sleep Inns

La Quinta Inns**1-800-687-6667**

Receive a 10% discount at all participating inns. When making reservations, please mention discount code "NASF." Many inns offer free breakfast. Coffee makers are available in all rooms.

Wyndham Hotel GroupSenior Friends members save 10-30% on accommodations at thousands of locations throughout North America and Canada. Use discount code **64083** (NASF – National Association of Senior Friends) when you call.

- AmeriHost 800-996-2087
- Days Inn 800-268-2195
- Howard Johnson 800-769-0939
- Knights Inn 800-682-1071*
- Ramada 800-462-8035
- Super 8 Motels 800-889-9706
- Travelodge 800-545-5545
- Wingate Inns 877-202-8814
- Villager 888-821-5779

May not apply to all locations.*Vacations****Collette Vacations****1-800-665-1977**Receive a 5% discount on any Collette tour. Call the toll free number above with your Senior Friends membership number. Speak to a Collette Vacations reservation representative who will handle all the details. You can also book your discounted tour online at www.collettevacations.com**Southern Touch Tours****1-800-786-7191**

Contact your local chapter for customized tours.